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**REFLECTIVE  
STATIONS OF  
THE CROSS**

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## INTRODUCTION TO THE STATIONS OF THE CROSS

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In the private revelations given to St. Faustina, Jesus specifically requested her to pray the Stations of the Cross on a daily basis during the 3:00 hour. “My daughter, try your best to make the Stations of the Cross in this hour, provided that your duties permit it; and if you are not able to make the Stations of the Cross, then at least step into the chapel for a moment and adore, in the Blessed Sacrament, My Heart, which is full of mercy.” (*Diary*, 1572).

The Way of the Cross in this devotional booklet contains everything necessary to enhance one's contemplation and meditation of the Passion, Death, and Resurrection of Our Lord Jesus Christ. The reflection following each station brings our attention to the reality of Christ crucified while providing meditations for growth and inviting us to follow Jesus and become more like him. It turns the Stations of the Cross into a challenge for personal and spiritual growth making the stations relevant to everyday life.